FRONTIER MEDICAL & DENTAL COLLEGE

ABBOTTABAD



Prospectus

2025-26

COLLEGE AFFILIATIONS AND RECOGNITIONS

National Recognition Fully recognized by the Government of Pakistan and the Pakistan Medical & Dental Council (PMDC).

Higher Education Commission (HEC) of Pakistan also recognizes FMDC. A premier academic affiliation with Bahria University, Islamabad.

International Accreditation Our graduates hold a passport to the world. We are recognized by the General Medical Council (GMC) of the UK and the Education Commission of Foreign Medical Graduates (ECFMG) in the USA.

Recognition of our alumni by USMLE and PLAB tests places them on the fast track for success. We are member of IAMRA (International Association of Medical Regulatory Authority) and also recognized by Foundation of Advancement of International Medical Education for Research (FAIMER), USA.

Worldwide Directory Presence FMDC is proudly featured in the WHO World Directory of Medical Schools and included in the International Medical Education Directory (IMED).

Global Collaborations We foster innovation through active collaborations with Xinjiang Medical University (Urumqi, China) and the Medical University of Calgary (Canada).

Clinical Training Students receive hands-on, high-acuity training at our on-campus Shahina Jamil Teaching Hospital, a 350-bed state-of-the-art facility dedicated to community health and clinical research. As well as, they are fully trained at King Abdullah Teaching Hospital (KATH), Mansehra.


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Vision of Bahria University

To become a knowledge and creativity driven international university that contributes towards the development of society

Vison of FMDC

To become an internationally recognized medical institution that contributes towards development of community health through excellence in medical education.

Mission of FMDC

To attain highest standard in teaching learning and research according to WFME and PMDC standards





I. Everlasting Massage of Founding Chairman



Prof. Emeritus Dr. A. J. Khan (Late)
Founder Chairman

Welcome to Frontier Medical and Dental College, Abbottabad.
Selecting the right medical institution is among the most consequential decisions a student and their family will make. It is a choice that demands careful deliberation and thorough inquiry. Prospective students are encouraged to consider several key factors: the institution's recognition by the Pakistan Medical and Dental Council (PMDC), its affiliation with an accredited university, eligibility to sit for internationally recognized examinations such as the British PLAB or the American USMLE upon completion of the MBBS degree, the quality and comprehensiveness of the academic curriculum, the calibre of the faculty, the standard of academic and clinical facilities, the teaching hospitals, and the residential provisions available to students. The geographical setting of the college is equally significant, as a healthy and conducive environment greatly supports students throughout the demanding years of MBBS/BDS study.

This prospectus provides comprehensive information about Frontier Medical and Dental College, encompassing all aspects of the medical and dental programmes, available examinations, facilities, internet access, ATM services, the college museum, student hostels, and guidance on life in Abbottabad. It is our sincere hope that this prospectus, along with the college website, will address the majority of your inquiries.



We warmly invite you to visit the college and experience firsthand the picturesque city of Abbottabad, the impressive campus infrastructure, and the breadth of facilities on offer. You will have the opportunity to engage with our staff and students and to explore our institution at your own pace. Should you choose to visit, you will be received with the utmost hospitality, and every effort will be made to assist you in determining whether Frontier Medical and Dental College is the right institution for you.

Our adaptive approach to medical education enables us to respond effectively to the evolving demands of healthcare practice in both Medicine and Dentistry. We have designed and implemented a well-rounded curriculum that incorporates contemporary teaching and training methodologies as practised in leading academic institutions worldwide. This curriculum is widely regarded as excellent preparation for the practice of Medicine and Dentistry, both within Pakistan and internationally.

Our student-centred approach is designed to provide every individual with the optimal conditions for developing into a compassionate, competent, and professionally distinguished doctor, one who is well-equipped to meet the demands of modern healthcare delivery globally.

It is important to emphasise that at Frontier Medical College (FMC), the educational mission extends well beyond examination success. Students are prepared to become exemplary medical professionals — respected by patients, peers, and the broader community alike. Considerable emphasis is placed on character development and professional ethics, and the distinctiveness of FMC graduates is consistently evident in every environment they enter.

We encourage you and your family to evaluate all available options and to identify the institution best aligned with your academic goals and personal values. We are confident that Frontier Medical and Dental College will distinguish itself as the right choice in every regard. We wish you every success in your future endeavours.

"Excellence and Innovation" — Our Institutional Motto

Prof. Emeritus Dr. A. J. Khan (Late)

Sitara-e-Imtiaz, MBBS (Pb), DCH (G), MRCP (Edinburgh & Glasgow), FRCPfEd & GI

Former Federal Minister of Population Welfare, Government of Pakistan, Islamabad

Founder Chairman



2 A View of the college at night

III. PREAMBLE

Medicine is widely regarded as one of the noblest of all professions. Physicians engage with human suffering in its most profound forms addressing pain, illness, disability, and hardship. Through the dedicated efforts of medical professionals and, by the grace of God, patients are restored to health and well-being. In return, doctors earn the prayers, gratitude, and deep respect of those they serve.



is for this reason that Medicine continues to be held in the highest esteem and remains the most sought-after field of study. Following the matriculation examinations, the highest-achieving students elect to pursue the pre-medical track in their F.Sc. in order to gain admission to medical and dental institutions. Each year in Pakistan, more than 80,000 students complete the F.Sc. pre-medical examination with First Division results securing above 60% marks and applying for admission to medical and dental colleges across the country. Of these, approximately 10,000 secure places in public-sector institutions (spanning 54 medical and dental colleges), and a comparable number gain admission to 106 private-sector medical and dental colleges. Approximately 60,000 students are unable to secure admission. Among the unsuccessful candidates, around 2,000 who possess the financial means pursue medical education abroad — in Russia, other former Soviet republics, China, Eastern Europe, and the Caribbean, at a collective cost exceeding Rs. 8 billion in foreign exchange annually.

These students must first spend approximately one year learning the local language, and in many cases, the medical institutions they attend are not recognised by the Pakistan Medical and Dental Council (PMDC). As a result, their time and financial investment may be significantly compromised. Such graduates are required to appear for and pass a PMDC examination in order to be eligible for registration and to legally practice medicine in Pakistan. Those who fail this examination are unable to practice, and many have unfortunately resorted to unqualified and illegal medical practice.The establishment of accredited private medical colleges within Pakistan is, therefore, a matter of national importance serving Pakistani students, conserving valuable foreign exchange, and addressing the critical shortage of qualified medical professionals in the country. The total number of registered doctors in Pakistan currently stands at approximately 220,000. Of these, an estimated 40,000 are working abroad, leaving approximately 180,000 to serve a population of roughly 180 million, a ratio of one doctor per 1,500 persons. The World Health Organization (WHO) recommends a minimum ratio of one doctor per 500 persons for developing nations. Applying this standard to Pakistan's population of 220 million, the country requires no fewer than 440,000 doctors. With only approximately 180,000 doctors and dental surgeons currently available domestically, Pakistan faces a shortfall of approximately 260,000 medical professionals, a challenge of considerable national significance, and one that is further compounded by continued emigration of trained doctors abroad. Addressing this deficit represents one of the most pressing imperatives in Pakistan's healthcare sector.

Private Sector Medical Colleges

In recognition of the critical need to expand the medical workforce, the government has moved to increase both the number of medical colleges and the available seats within public sector institutions. From a modest foundation of 18 public medical and dental colleges two decades ago, the national landscape has expanded to include 54 public institutions. To further address the significant shortage of healthcare professionals, the government also authorized the establishment of numerous private sector medical and dental colleges. The Aga Khan Medical College, founded in 1981, pioneered this sector, establishing an esteemed reputation both domestically and internationally for its rigorous academic standards. While many institutions followed, those unable to maintain the strict benchmarks set by the Pakistan Medical & Dental Council (PMDC) were subsequently closed. As the official statutory body of the Government of Pakistan, the PMDC serves as the regulatory authority ensuring the highest standards of medical education are upheld nationwide. A pivotal moment occurred in 1994 within the NWFP (now KPK). In the year preceding the founding of Frontier Medical College, approximately 3,400 students . achieved first-division marks in their F.Sc pre-medical examinations. However, with only 400 seats available in public sector colleges, nearly 2,800 qualified candidates were left without placement.



The establishment of Frontier Medical College in 1995 created a vital opportunity for these students to pursue their medical careers, cultivate their leadership potential, and dedicate themselves to the service of humanity at home and abroad. This initiative has been instrumental in alleviating the doctor shortage nationally and specifically within the KPK region, fulfilling the professional aspirations of our region's most brilliant students. Acknowledging the persistent need for healthcare providers, the Government of KPK has since established eight additional public medical colleges in Swat, D.I. Khan, Bannu, Kohat, Mardan, Swabi, Nowshera, and a dedicated Girls Medical College in Peshawar. Inspired by this model, Punjab has inaugurated 28 new colleges, Sindh has added 10, Balochistan has added one, and the Azad Jammu government has established three public colleges alongside two private institutions operating on a self-financed basis.



IV. FRONTIER MEDICAL & DENTAL COLLEGE AND SHAHINA JAMIL TEACHING HOSPITAL (ABBOTABAD)

1. Institutional Framework
   Frontier Medical and Dental College, along with the Shahina Jamil Teaching Hospital, operate as prestigious self-financing institutions.

2. Location
   Established in 1996, our campus spans approximately 200 kanals at the base of a scenic pine forest. We are situated on the outskirts of Abbottabad along the historic Karakoram Highway.

3. Faculty and Facilities
   The college is housed in expansive, purpose-built facilities staffed by a highly qualified and experienced faculty. Students have access to sophisticated laboratories and museums featuring an extensive collection of medical specimens and educational models.

4. Clinical Excellence at Shahina Jamil Teaching Hospital
   The on-campus Shahina Jamil Teaching Hospital is a 300-bed facility designed to provide integrated training for medical, dental, nursing, and paramedic students. Committed to social responsibility, the hospital provides free treatment including but not limited to digital X-rays, MRI, CT scans, and laboratory diagnostics, to almost 90% of our patients. In most instances, pharmaceutical needs are also provided without cost.

5. Integrated Teaching Network
   Through a formal agreement with the Government of KPK, the 410-bed King Abdullah Teaching Hospital (formerly the DHQ Hospital Mansehra) serves as a primary teaching affiliate for the college.



6. Academic Infrastructure
Our primary academic building is a sophisticated four-story structure covering 110,000 square feet. It contains all essential departments, including state-of-the-art lecture halls, a dissection hall, a comprehensive library, a 500-seat auditorium, and specialized seminar rooms. Additional space is reserved for future departmental growth, and a separate building is dedicated to the Paramedical School.

7. Clinical Training & Hospital Environments
FMDC utilizes two distinguished teaching hospitals. Our on-site facility, Shahina Jamil Teaching Hospital, is a modern 300-bed general hospital providing hands-on clinical training for both medical and dental students while offering free healthcare to the undeserved.

8. Regional Clinical Hub
The second affiliate, King Abdullah Teaching Hospital, is a high-volume facility with 410 beds. It manages an average of 2,000 daily outpatient visits and 25,000 annual inpatient admissions. This comprehensive teaching environment was acquired through a strategic agreement with the KPK government to enhance our students' clinical exposure.



-9. Resilience and Partnership
The college previously expanded this government facility by constructing the 136 bed "Frontier Medical College Block" to improve regional healthcare. Although the 2005 earthquake caused significant damage, the Saudi Government has since overseen the reconstruction of the modern 410-bed hospital now named in honor of King Abdullah.

10. Student Accommodations
We offer high-quality, comfortable residential accommodations, providing separate and secure hostel buildings for male and female students.



A View of FMDC and Shahina Jamil Hospital at Night



Logistics and Transport

The institution maintains a dedicated fleet of buses, coasters, and vans. This system facilitates student transit between the campus and hospitals, as well as travel to Basic Health Units (BHUs) and Rural Health Centres for medical camps and community surveys.

12. Athletic and Extra-Curricular Life

The campus features dedicated facilities for Volleyball, Basketball, Badminton, and Tennis. For sports such as Football, Hockey, and Cricket, we utilize the adjacent grounds of the Abbottabad Public School. Additionally, students have access to skiing facilities at Kalabagh during the winter months. Our students actively participate in regional competitions and the annual sports festivals organized by Bahria University.

13. On-Campus Services

For the convenience of our community, a branch of the National Bank of Pakistan and a Post Office are located at the college entrance. ATM services are available directly within the college premises.

14. Student Societies

A diverse range of student-led societies exists to foster personal growth, hobby exploration, and community engagement for both students and staff.

15. Comprehensive Medical Coverage

Every student is enrolled in a medical insurance program through Takaful Pakistan Ltd. This coverage provides access to premier healthcare institutions, including Aga Khan Hospital (Karachi), Shifa International (Islamabad), and Doctors Hospital (Lahore).

16. The Legacy of FMDC

With 26 batches of medical graduates and 15 dental batches, FMDC has produced healthcare professionals. Our alumni, having passed their professional examinations through the HEC and PMDC-recognized Bahria University, now serve in government teaching hospitals and private institutions worldwide. Many have achieved further distinction by passing international licensure exams such as the USMLE, PLAB, and



IV. COLLEGE ADMINISTRATION



Board of Directors

Frontier Medical & Dental College is a self-financing institution in the private sector, administered by a Board of Directors.

1. Founder Chairman & Former Federal Minister of Health

Prof. Emeritus Dr. A. J. Khan

MBBS (Pb), DCH (D), MRCP (Edu), MRCP (GI), FRCP (Edu), FRCP (GI), Sitara-e-Imtiaz

Prof. Emeritus Dr. A. J. Khan is the Founder Chairman and founding Principal of Frontier Medical and Dental College. He is the former President of PMDC (Pakistan Medical & Dental Council) — the statutory regulatory body of the Government of Pakistan that controls medical education across the country.

He has served as Director General of Health, Government of Pakistan, a position widely regarded as that of Chief Doctor of Pakistan, responsible for overseeing national health policy. Dr. Khan is a former Federal Minister of Health, Government of Pakistan, and has served as the founding Principal of Ayub Medical College, Abbottabad, as well as Principal of the Government Bolan Medical College, Quetta. He represented Pakistan at numerous international forums, including the World Health Assembly of the United Nations, as leader of the Pakistan delegation. He has served as Vice President of WHO's EMRO Regional Committee. He has been a member of the Board of Governors of several other leading medical institutions, including:

a. Ayub Medical College, Abbottabad
b. Bolan Medical College, Quetta
c. National Institute of Health (N.I.H), Islamabad
d. Sheikh Zayed Hospital, Lahore
e. National Institute of Cardiology, Rawalpindi
f. National Institute of Cardiovascular Diseases, Karachi g. Jinnah Postgraduate Medical Centre, Karachi
h. Pakistan Red Crescent Society, and many others — including the President of PMDC, Pakistan Nursing Council, Pakistan Homoeopathic Medical Council, Pakistan Pharmacy Council, and many other organizations. He has been the Dean of the Faculty of Health Sciences of Bahria University, Islamabad, and the Chairman of the Board of Studies. He also served as Federal Minister for Population Welfare, Government of Pakistan. His distinguished services in the field of health and medical education have been acknowledged by both the Government of Pakistan and the President of Pakistan, who awarded him the highest civil award:

Sitara-e-Imtiaz (Star of Distinction).

He has been a member of the Hospital and Health System Monitoring Committee of the Government of Pakistan. He has also been a member of the KPK provincial Task Force on Health. He has been a Member and President of PMDC Council, and Chairman of the Standing Recognition Committee and medical journals recognition committee of PMDC. He has numerous research publications to his credit in renowned international medical journals.

2. Chairperson / Surgeon Commander

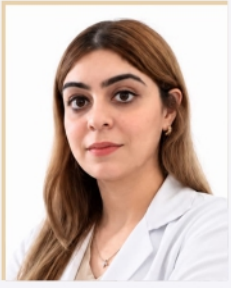
Dr. Shahina Jamil



Dr. Shahina Jamil is an experienced Army and Navy Dental Surgeon with proven ability in administration. She serves as Executive Director, overseeing the general administration of the college. She is also the head of the Shahina Jamil Teaching Hospital one of the leading teaching hospitals in the area and is the Chief Executive of the Dental Section of the College.

4. Executive Director

Prof. Dr. Sara Jamil Khan



Prof. Dr. Sara Jamil Khan an alumna of Frontier Medical College, is among the youngest Professors of Obstetrics & Gynaecology in Pakistan, attaining professorial rank before the age of 40. An FCPS/MCPS Supervisor, CPSP Examiner, and Master Trainer, she pioneered FCPS and MCPS postgraduate training programs in Chilas and has played a key role in advancing specialist medical education in Gilgit-Baltistan. She has served as CPSP Registrar for Diamer-Astore Division and as Deputy Medical Superintendent and Head of Department at RHQ Hospital Chilas, a government teaching hospital serving a remote and semi-tribal population. She also gained clinical experience at Colchester General Hospital, NHS UK, with a special interest in subfertility. A recipient of 16 Gold Medals, she is recognized for her contributions to women's health, medical education, and healthcare leadership.

3. Chief Executive Officer

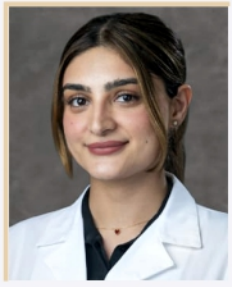
Dr. Asad Jamil Khan



Dr. Asad Khan is a young and energetic administrator. Following his MBBS, he pursued advanced studies in Health Economics at the London School of Hygiene and Tropical Medicine and the London School of Economics. He is an active member of the Association of Medical Education in Europe and the International Association of Medical Regulatory Authorities. As CEO, he oversees day-to-day management, advises the Board of Governors, motivates employees, drives change within the organization, and implements the institution's long- and short-term plans.

5. Managing Director

Dr. Eman Jamil Khan



Dr. Eman Jamil Khan is a Pakistani-trained medical doctor who is currently a practicing Resident Physician (PGY-2) in Internal Medicine in California, United States. She graduated as part of the "Batch '16" from Frontier Medical College Abbottabad, Pakistan. She is widely recognized within her alma mater's community for her academic success and for mapping out a pathway to practicing medicine in the U.S Her academic credentials connect her to University College London and Frontier Medical College. She successfully passed the United States Medical Licensing Examination (USMLE) steps and achieved a residency match through the National Resident Matching Program (NRMP) in the Match 2024 cycle.



FMDC Academic Block

7. Academic Council:

a. Deliberates on and determines the ways and means to improve the standard of medical education and the facilities needed to achieve this through the Medical Education Department.

b. Formulates policy on awards, scholarships, curriculum development, evaluation, educational programmes for students, distribution of duties among teaching staff, college sessions, vacations, and other related matters such as examination schedules.

c. Assists in the development and progress of the college library and museum.

d. Develops ways and means for maintaining good discipline in the college through the Disciplinary Committee, and deals with individual cases of indiscipline.

8. College Administrative Committees

To facilitate smooth and efficient progress and development of the college, and to ensure effective control of curricular and extra-curricular activities, the following committees have been constituted to assist the Principal, Dean and the College Academic Council:

Administrative Committees

a. Executive Committee
b. Admission Selection Committee
c. Disciplinary Committee
d. Students Affairs Committee
e. Proctors Committee
f. Scholarships Committee
g. Purchase Committee
h. Establishment & Staff Committee
i. Hospital Management Committee
j. Nursing and Paramedical Committee
k. Postgraduate Medical Education Committee
l. Social and Cultural Activities Committee
m. Sports Committee
n. Research Committee
o. Library Committee
p. Museums Committee



V. FACILITIES

FACILITIES AVAILABLE AT FMDC







Main college building

1. The main college building is housed in a four storey purpose-built building with about 110,000 sq ft of constructed area. This building accommodates the basic medical sciences departments and more space is available for future expansion.

2. Lecture Halls

   There are seven lecture halls; three furnished with fixed benches and four other with tablet-chairs, each having a capacity for well over 100 students in each hall. Adequate audio-visual aids like Multimedia projectors, Overhead projectors are provided in the lecture halls. Another lecture hall is available for clinical students at Mansehra Hospital, the other teaching hospital of FMDC.

3. Basic Sciences Practical Laboratories

   There are 8 Basic Sciences departments with Laboratories and one skill laboratory and with all necessary equipment, chemicals, instruments and furniture. Each laboratory accommodates about 50 students at one time. Each laboratory has a preparation room and stores for equipment and chemicals. Trained technicians maintain these laboratories and assist students in performing their practicals and research work.

4. Demonstration Rooms

   Seven Demonstration Rooms, furnished with tablet- chair and plastic boards for writing are available. Slide projectors and overhead projectors are also provided in these rooms. These demonstration rooms are utilized for small groups teachings and tutorials.

5. Museums

   There is one main Museum: spacious, well furnished and provided with facilities for the students to study large collection of specimen and models. The main museum has mostly anatomy models and pathology specimen whereas pharmacology, Community Medicine, Forensic Medicine, Pathology and dental departments have established their departmental museums within their own departments.



6. Dissection Hall

There is a spacious dissection hall in anatomy dept. sufficient numbers of cadavers, prospected parts. like corda and bones are available. Cadavers are stored in cold room and mortuary refrigerators under close supervision of demonstrators.

7. Library

It is in a large purpose built hall. About 10,000 books on medical and allied subjects are available and more are being added. There is a large students' study area, where at a time 50 students can utilize library facilities. A separate enclosure is provided for the teaching staff. Library provision includes books, latest journals, audiovisual materials and computer based information services.

8. Video Library

The college has a video library. It has a 29 inch T.V with VCR and over 68 medical video-cassettes mostly on basic medical sciences subjects. A teacher is always available to explain & answer the queries of the students. The library has also a large number of audio-cassettes containing lecture material on important topics.

9. Auditorium

There is a large Auditorium, which accommodates 500 persons. It is used for major functions of the college like convocations debates and dramas, etc. and also for examinations. Facilities are also for providing gymnasium and badminton playing.

10. Computer Laboratory

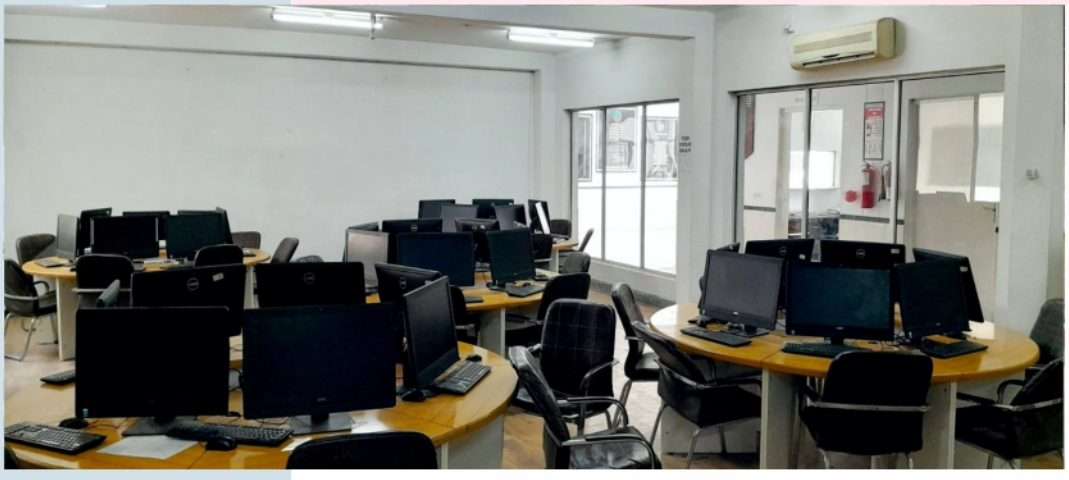
Computer Lab has 35 latest computers for students and staff. These computers are used for teaching and training of students in Anatomy and Physiology and other subjects. Over 200 medical programmes on CDs are available at the moment. These are increased with time and according to needs. Training in computer assisted learning is compulsory for all students. This access to information sources through internet enables students and staff to benefit from the World Wide Web.

11. Internet Facilities

The computer laboratory has the facility of internet and e-mail. Student and teachers have an easy access to digital libraries and medical database across the world. The internet facility offers online medical education and advisory facilities to students and teachers. Through this facility, students can even publish their own web-pages/thesis to be accessed anywhere in the world.

12. International Video Conference Hall

There are arrangements for International Video Conferences where students can communicate ask questions from a speaker sitting thousand of miles away.









13. Air Ambulance
Air Ambulance facility has been provided for quick transportation of patients for necessary treatment to islamabad and other places. The heli pad is situated above the main college building.

14.Dental College
Anew five storey building of 70,000 sq feet, for the dental college has been built at the college premises to house a beautiful new well equipped and well furnished Dental College.

16.Postgraduate Teaching Program
The college has arranged a postgraduate teaching program for training of medical graduates to do M.Phil and Ph.D in all the basic medical and dental subjects. It has been approved by the Federal Ministry of Health and the Bahria University Islamabad to which our college is affiliated

17.WI FI
The whole campus has wireless broadband facility for the students and staff for fast and easy access to high speed internet from laptops and smart phones.

18.Research Laboratories
Research Laboratories for the college teaching staff have also been provided.

19.Medical Education Department
It has been established to develop, implement, monitor and regulate the curriculum as per local, international and PMDC and the University requirements. Regular curriculum reviews are held.

20.Seminar Rooms
Two Seminar Rooms, each accommodating over 60 persons, furnished with easy chairs are also available and are also used for clinico-pathological conferences and video presentations etc.

21.Staff Tea Room
There is a staff Tea Room in the main building on second floor with a beautiful view where the staff can relax and have interaction over a cup of tea.

22.Audio Visual and Photography Section
Incharge of this section takes photographs of academic interest for the college and looks after the maintenance of audio-visual equipments.

23. Food Court

A purpose built food court is available for students and staff of the college. It provides snacks and meals of western, continental, Italian and Oriental cuisines. The food court is surrounded by beautiful lawns for the students to relax in between their scheduled classes.

24. Book Shop

A book shop is available on the premises. It stocks all necessary medical and dental books and stationery. It has also photo-copying and fax facilities for students.

25. Medical & General Store

For convenience of students, patients and other staff a medical and general store is present at the college premises. Items of daily use and essential drugs and medicines are available.

26. Mosque

On entry to the college, the beautiful hexagonal mosque has been built, where separate prayer rooms are available for male and female students. A highly qualified Khateeb / Imam who teaches the prayers is head of the mosque.

27. Security Arrangements

As desired by the Govt. of KPK the college has improved security arrangement which include a high tech security system which has been installed at the college and Shahina Jamil Hospital

Sensitive monitoring cameras and the device have been installed so that the whole college and the hospital are constantly under observation. CC TV Cameras are installed all over the premises and on the roof of the college building, watch towers are installed at high places where security guards can watch all the buildings day and night.

Many new security guards have been appointed so that all building and entries, exits are watched day and night for the safety of staff and students.









VI. MEDICAL EDUCATION AT FMDC

Overview of Academic Programs:

The college offers a comprehensive five-year MBBS (Bachelor of Medicine and Bachelor of Surgery) program, equivalent to the M.D. qualification recognized in the United States, Europe, and the Middle East. In addition, the institution provides a four-year BDS (Bachelor of Dental Surgery) program designed to prepare competent dental professionals.

Both the MBBS and BDS degrees are recognized by the Pakistan Medical & Dental Council (PMDC), the General Medical Council (GMC) of the United Kingdom, and the Educational Commission for Foreign Medical Graduates (ECFMG) of the United States. Graduates of FMDC are successfully serving in renowned teaching and healthcare institutions both nationally and internationally. Many alumni have also qualified prestigious examinations such as the USMLE, PLAB, FCPS, MRCP, FRCS, and MRCOG.

Institutional Objectives

1. The primary objective of Frontier Medical & Dental College is to produce highly skilled, ethical, and professionally competent healthcare practitioners in accordance with PMDC standards. The institution strives to develop graduates who:

2. Possess the clinical knowledge and practical expertise required to provide preventive and curative healthcare at the primary care level while appropriately seeking specialist consultation when necessary.

3. Demonstrate awareness of national and global disease patterns and are capable of functioning effectively in both local and international healthcare environments.

4. Exhibit a commitment to lifelong learning and continuous professional development beyond graduation.

5. Display strong leadership abilities, teamwork, and effective communication skills essential for healthcare professionals.

6. Maintain professionalism through proper conduct, courtesy, discipline, and compassion toward patients.

7. Understand local customs, socio-cultural dynamics, and their impact on community health.

8. Appreciate the scientific foundations and evidence-based principles of modern medicine.

Methodology of Teaching

FMDC employs an integrated modular teaching system that combines both basic and clinical medical sciences to ensure a comprehensive learning experience.

Key Features of the Teaching Methodology

Problem-Based Learning (PBL):

Introduced from the first academic year to enhance analytical thinking, clinical reasoning, and independent learning.

Small Group Teaching Sessions:

In addition to large classroom lectures, students participate in small-group practical sessions that encourage close interaction with faculty members and facilitate hands-on learning, dissections, and clinical practice.



Technology-Enhanced Learning: The college utilizes computer laboratories and internet-based resources to support modern medical education, enabling students to stay informed about the latest global developments in medicine and healthcare.

Community Study Tours and Outreach Programs:

Community exposure forms an integral component of medical education at FMDC. These study tours are designed to cultivate confidence, social awareness, and a deeper understanding of public health issues among students.

Students regularly visit rural communities within approximately a 50-kilometer radius to gather health-related data and provide guidance and awareness to local residents. Educational activities include promoting:

- Personal hygiene and sanitation
- Safe drinking water and nutrition
- Importance of immunization
- Maternal and child healthcare
- Breastfeeding awareness
- First aid and emergency response for accidents, heart attacks, diarrhea, and acute respiratory infections in children

The college also organizes medical camps in under served rural areas, where students and faculty members provide healthcare and curative services to patients.

Guest Lecture Program

FMDC arranges regular guest lectures delivered by distinguished professionals and experts from various fields. These speakers include eminent medical specialists, scientists, literary figures, and senior civil and military officials.Such interactions provide students with valuable exposure to national and international perspectives, encouraging intellectual growth, professional networking, and broader understanding of societal and healthcare issues.

Student Research Activities:

Students are encouraged to actively participate in research projects conducted by faculty members from the very first year of their academic journey. Research activities primarily focus on epidemiological and community-based studies carried out in schools, hospitals, basic health units, and medical facilities.

Students are also attached to clinical laboratories and hospital departments, where they collect and analyze information related to social conditions, patient behavior, and healthcare trends. These experiences help cultivate critical thinking, keen observation, analytical skills, and scientific inquiry.

Clinico-Pathological Conferences and Seminars:

To maintain high academic standards, the college regularly organizes weekly clinico-pathological conferences for fourth- and final-year students. During these sessions, students present interesting



clinical cases and engage in academic discussions with faculty members.
These conferences serve as an effective platform for integrating clinical practice with theoretical knowledge while simultaneously enhancing communication, presentation, and public-speaking skills.

Continuous Internal Assessment System:

In addition to annual professional examinations, each department conducts a structured continuous internal assessment program to monitor students' academic performance throughout the year. Performance in internal assessments contributes toward university professional examinations, ensuring consistent academic engagement and evaluation.

Tutorial Group System:

To provide students with individualized academic and personal support, the college has established a comprehensive tutorial group system. All students are divided into tutorial groups, each supervised by senior faculty members. Dedicated time is allocated within the academic timetable for these sessions, during which teachers monitor attendance, academic progress, examination performance, and personal well-being. Faculty mentors also guide students in addressing educational, social, hostel-related, and personal challenges encountered during college life.

Student Activities and Co-Curricular Programs:

The college organizes a variety of academic, cultural, and extracurricular events throughout the year to encourage healthy competition and personality development.



These activities include:

- Intercollegiate debates and quiz competitions
- Qirat competitions
- Awareness campaigns for World Health Day, World Tobacco Day, and World AIDS Day Scientific exhibitions and poster competitions
- Sports events and intercollegiate tournaments

Such programs contribute to students' intellectual, social, and personal growth while fostering confidence, teamwork, and leadership.

First-Year Orientation Program:

An orientation program is organized annually for newly admitted MBBS and BDS students during November and December. In addition to introducing academic subjects, the program familiarizes students with essential aspects of college life, including:

- Discipline and hostel regulations
- Time management strategies
- Communication and interpersonal skills
- Immunization awareness
- Overview of medical and dental subjects



Introduction to MBBS Curriculum

The MBBS curriculum at Frontier Medical & Dental College, Abbottabad, is adopted from Bahria University and follows an integrated, modular, and outcome-based approach aligned with Pakistan Medical and Dental Council (PMDC) competencies. The five-year program is organized into fifteen modules across pre-clinical, para-clinical, and clinical years, with horizontal and vertical integration among basic and clinical sciences. A distinctive feature is the Place framework, which embeds Professionalism, Leadership, Applied Research, Communication Skills, and Ethics throughout the curriculum. The program also incorporates community health, research, digital literacy, and emerging technologies to prepare graduates who are clinically competent, ethically grounded, socially accountable, and equipped to meet the healthcare needs of Pakistan and beyond



Program Outcomes of FMDC Abbottabad

By the end of the 5-year MBBS program, graduates of FMDC Abbottabad will be able to:

· Clinically Proficient Practitioner – Demonstrate proficiency in history taking, clinical examination, and performing essential diagnostic and procedural skills safely and effectively in patient care.

· Scientifically Knowledgeable – Integrate comprehensive knowledge of basic, clinical, and applied biomedical sciences to explain disease mechanisms and guide clinical decision-making.

· Critical Thinker & Evidence-Based Problem Solver – Apply critical reasoning, scientific evidence, and clinical guidelines to formulate accurate diagnoses and effective,individualized management plans.

· Effective Communicator – Communicate empathetically and clearly with patients, families, colleagues, and the healthcare team, ensuring patient-centered care and informed decision-making.

· Community Health Advocate & Leader – Address community health challenges, promote preventive care, and demonstrate leadership in improving public health outcomes and reducing disease burden.

· Ethical & Professional Role Model – Uphold the highest standards of integrity, empathy, social accountability, and respect for patient autonomy and dignity, fulfilling the societal contract of the medical profession.

· Researcher & Scholar – Engage in scientific inquiry, critically appraise medical literature, and participate in research activities aimed at improving healthcare quality.

· Lifelong Learner – Commit to continuous self-directed learning, adapt to evolving medical knowledge and technologies, and maintain professional competence throughout their career.

Curricular Outcomes of FMDC Abbottabad
The graduate doctor must be:

· Skillful – Demonstrates proficiency in clinical and procedural skills, applying them safely and effectively in patient care.

· Knowledgeable – Possesses comprehensive medical knowledge integrating basic, clinical, and applied sciences.

· Community Health Promoter – Advocates for public health, engages in preventive care, and addresses community health challenges.

· Critical Thinker – Analyzes clinical problems, applies evidence-based reasoning, and makes sound clinical decisions.

· Professional – Upholds ethical standards, empathy, and integrity while respecting patients' rights and dignity.

· Scholar – Engages in lifelong learning, research, and academic activities to advance medical practice.

· Leader and Role Model – Demonstrates leadership in healthcare teams, mentors peers, and serves as an example for future professionals.



VIII. SUBJECTS IN MBBS COURSE OF STUDY

The course of studies for MBBS is for five academic years.
Distribution of hours and their spacing is as in the table below:

S.no.	Subjects	1st year	2nd Year	3rd Year	4th year	5th Year	Total
1	Anatomy	250	250				500
2	Physiology	225	225				450
3	Medical Biochemistry	125	125				250
4	Pharmacology and Therapeutics	2		298			300
5	Pathology	2		265	233		500
6	Forensic Medicine and Toxicology			100			100
7	Otorhinolaryngology (ENT)	0		6	144		150
8	Ophthalmology (EYE)	0		6	144		150
9	Gynaecology & Obstetrics	1			96	203	300
10	Community Medicine and Public Health	3	5	5	187		200
11	Research and Evidence-Based Medicine (EBM)	20	20	20	35	5	100
12	Quran Kareem (Tajweed-Tafseer- Seerat)	25	25				50
13	Pakistan Studies	12	13				25
14	Islamic Studies/ Ethic	13	12				25
15	PLACE (Professionalism, Leadership-25, Applied Research, Communication skills, Ethics)	40	40	7	7	6	100
16	Expository Writing	13	12				25
17	Introduction to Computer	12	13				25
18	Humanities-Medical Anthropology	13	12				25
19	Co -curricular activities - 200 hours	40	40	40	40	40	200
20	Entrepreneurship		35				35
21	General Surgery	2		76	156	366	600
22	Anesthesia	1		7	21	21	50
23	Emergency Medicine/Critical Care					25	
24	Orthopedics &Trauma	1		10	39	50	100
25	Urology			10	28	37	75
26	Vascular Surgery			8	27	40	75
27	Paediatric Surgery			10	25	40	75
28	General Medicine	1		88	150	361	600
29	Neurology			10	32	33	75
30	Endocrinology			15	22	38	75
31	Infectious Diseases			5	30	40	75
32	Psychiatry				25	50	75
33	Behavioural Sciences	37	38				75
34	Dermatology			2	48		50
35	Cardiology	1		5	19	25	50
36	Pulmonology	1			19	30	50
37	Nephrology			10	20	20	50
38	Gastroenterology			5	20	25	50
39	Paediatric and Neonatology				100	200	300
40	Family Medicine			25	25	25	75
41	Infection Control			8	8	9	25
42	Patient Safety			6	6	13	25
43	Medical Oncology			5	15	5	25
44	Basics of Radiology			7		18	25
45	Emergency Medicine/ Critical Care					25	25
46	AI	5	5				10
47	Fehm ul Quran	25	25				50
48	Management skills		10				10
49	Study skills	5					5
50	Self-Directed Learning	100	100	7	5	21	233
	TOTAL	980	1024	1066	1746	1774	6590

IX.

SUBJECTS IN BDS COURSE OF STUDY

Teaching Hour Distribution for BDS as Per PMDC 50 Admissions

Subjects	1st Year	2nd Year	3rd Year	4th Year	Total
Anatomy	300	-	-	-	300
Physiology	300	-	-	-	300
Biochemistry	180	-	-	-	180
Oral Biology & Tooth Morphology	300	-	-	-	300
Dental Materials	-	300	-	-	300
Pharmacology	-	220	-	-	220
Pathology	-	220	-	-	220
Community Dentistry	-	200	-	150	350
Preclinical Operative Dentistry	-	80	-	-	80
Preclinical Prosthodontics	-	80	-	-	80
General Surgery	-	-	170	-	170
General Medicine	-	-	180	-	180
Oral Pathology	-	-	150	-	150
Oral Medicine	-	-	150	-	150
Periodontology	-	-	250	-	250
Oral Diagnosis	-	-	100	-	100
Oral & Maxillofacial Surgery	-	-	-	450	450
Operative Dentistry	-	-	-	450	450
Prosthodontics	-	-	-	450	450
Orthodontics	-	-	-	300	300

Subjects	1st Year	2nd Year	3rd Year	4th Year	Total
Pediatric Dentistry	-	-	-	300	300
General Education / ICT / Behavioral Sciences / Research / Pakistan Studies / Islamic Studies / English	120	100	80	50	350
Co-curricular Activities	50	50	50	50	200
Self-Directed Learning	50	50	50	50	200

Academic Calender 2026

MONTHS, WEEK DAYS & DATES								SCHEDULED ACADEMIC & CO CURRICULAR EVENTS	PUBLIC HOLIDAYS/ HEALTH & AWARENESS DAYS
	SUN	MON	TUE	WED	THU	FRI	SAT	MBBS	
Jan-26					1	2	3	WINTER BREAK	
	4	5	6	7	8	9	10		
	11	12	13	14	15	16	17		
	18	19	20	21	22	23	24		
	25	26	27	28	29	30	31		World Leprosy Day 26th Jan
Feb-26	1	2	3	4	5	6	7		World Cancer Day 4th Feb
	8	9	10	11	12	13	14	Commencement of Modules IV, VII, X, XIII	Kashmir Solidarity Day 5th Feb
	15	16	17	18	19	20	21		
	22	23	24	25	26	27	28		Intl's Women's Day 8th Mar
Mar-26	1	2	3	4	5	6	7		World Kidney Day 12th Mar
	8	9	10	11	12	13	14	Commencement of Module I Orientation Week	World Disabled Day 15th Mar
	15	16	17	18	19	20	21		Eid ul Fitr 21st - 23rd March
	22	23	24	25	26	27	28		Pakistan Day 23rd March
	29	30	31						World Tuberculosis Day 24th Mar
Apr-26				1	2	3	4		Oral Cancer Awareness 1st April
	5	6	7	8	9	10	11		World Health Day 7th Apr
	12	13	14	15	16	17	18		Hemophilia Day 17th Apr
	19	20	21	22	23	24	25		World Liver Day 19th Apr
	26	27	28	29	30			End of Module IV, VII, X, XIII Exams	
May-26						1	2		Labour Day 1st May
	3	4	5	6	7	8	9	Commencement of Modules V, VIII, XI, XIV	Thalassemia Day 8th May
	10	11	12	13	14	15	16	End of Module I	
	17	18	19	20	21	22	23		Eid ul Azha 26th-28th May
	24	25	26	27	28	29	30		Youme Takbeer 28th May
	31								World Tobacco Day 31st May
Jun-26		1	2	3	4	5	6	Summer Break	
	7	8	9	10	11	12	13	Commencement of Module II	World Brain Tumor Day 8th Jun
	14	15	16	17	18	19	20		World Blood Donation Day 14th June
	21	22	23	24	25	26	27		Ashura Days 25th-26th June
	28	29	30					Extracurricural Activities/ Sports Week	
Jul-26				1	2	3	4		National Doctor's Day 1st July
	5	6	7	8	9	10	11		
	12	13	14	15	16	17	18		
	19	20	21	22	23	24	25		
	26	27	28	29	30	31			World Hepatitis Day 28th July
Aug-26							1		1st August Oral Hygiene Day
	2	3	4	5	6	7	8	End Moodular Exam V, VIII, XI,IV Exams	
	9	10	11	12	13	14	15	Commencement of Modules VI, IX, XII, XV	Independence day 14th Aug
	16	17	18	19	20	21	22		
	23	24	25	26	27	28	29		Eid Milad un-Nabi 25th August
	30	31						End Moodular Exam II	
Sep-26			1	2	3	4	5		Defence Day 6th Sep
	6	7	8	9	10	11	12	Commencement of Module III	Research Competition Sep
	13	14	15	16	17	18	19		World Patient Safety Day 17th sept
	20	21	22	23	24	25	26		World Alzeheimer's Day 21st Sep
	27	28	29	30					World Heart Day 28th Sep
Oct-26					1	2	3		Breast Cancer Month-October
	4	5	6	7	8	9	10		Intl Teacher's Day 5th Oct
	11	12	13	14	15	16	17		World Mental Health Day 10th Oct
	18	19	20	21	22	23	24		World Food Day 16th Oct
	25	26	27	28	29	30	31	End of Modules VI, IX, XII, XV Exams	World Osteoporosis Day 20th Oct
									World Polio Day 24th Oct
Nov-26	1	2	3	4	5	6	7		
	8	9	10	11	12	13	14		Iqbal Day 9th Nov
	15	16	17	18	19	20	21	Tentaive Date of MBBS Professional Exam	World Immunization Day 10th Nov
	22	23	24	25	26	27	28	End of Module III	World Diabetes Day 14th Nov
	29	30							
									World AIDS Day 1st Dec
Dec-26			1	2	3	4	5		National Pollution Day 2nd Dec
	6	7	8	9	10	11	12		Intl Universal Health Coverage Day 12
	13	14	15	16	17	18	19	Tentaive Date of MBBS 1ST Professional Exam	
	20	21	22	23	24	25	26		Quaid's Day / Christmas Day 25 Dec
	27	28	29	30	31				



FRONTIER MEDICAL COLLEGE, ABBOTTABAD

ORGANOGRAM

ALIGNED WITH PMDC STANDARDS & REQUIREMENTS

OUR MISSION

To impart quality medical education, ensure academic excellence, promote research, provide quality patient care and contribute towards the health of the community in accordance with PMDC standards.

BOARD OF GOVERNORS / CHAIRPERSON

BOARD OF DIRECTORS

PRINCIPAL
(Chief Academic & Administrative Officer)

DEAN
(Academic Coordination)

ACADEMIC COUNCIL

- Principal (Chairperson)
- Dean
- All Heads of Departments
- Director Academics
- Director Medical Education (DME)
- Director Examination Cell
- Director Research
- Director Quality Enhancement
- Director Student Affairs
- Directors of Administration, Finance & HR
- Medical Superintendents (SJTH & KATH)
- Faculty Representatives
- Student Representative

DIRECTOR ACADEMICS

- Curriculum Management
- Teaching Learning Strategies
- Timetable & Academic Scheduling
- Learning Resources & E-Learning
- Student Assessment & Feedback
- Academic Documentation & Records
- Faculty Development & Training
- Program Evaluation & Accreditation

DIRECTOR MEDICAL EDUCATION (DME)

- Facilitate Curriculum Implementation
- Clinical Training Coordination
- Faculty Development & Training
- Student Assessment Oversight (Formative)
- Liaison with Teaching Hospitals
- Student Mentorship Programs

HODs of Basic & Clinical Sciences

- Departmental Administration
- Teaching & Learning
- Student Assessment
- Research & Publications
- Quality Improvement Activities
- Faculty & Staff Management

DIRECTOR EXAMINATION CELL

- Conduct of MBBS Professional Examinations
- Assessment Policy & Procedures
- Question Bank & Moderation
- Result Compilation
- Examination Records & Confidentiality
- Liaison with PMDC & University
- Appeals & Rechecking

DIRECTOR STUDENT AFFAIRS

- Admissions Support
- Student Counselling & Mentorship
- Discipline & Conduct
- Hostel Management
- Transport (College)
- Extracurricular Activities
- Alumni Affairs
- Student Welfare

DIRECTOR ADMINISTRATION

- General Administration
- HR & Staffing (Non-Clinical)
- Establishment
- Correspondence
- Campus Security
- Maintenance & Works
- IT Services
- Record Management
- Procurement (Non-Medical)

DIRECTOR FINANCE

- Budgeting
- Accounts & Audit
- Procurement (Financial)
- Financial Reporting
- Fee & Revenue Management
- Financial Planning & Control

DIRECTOR RESEARCH

- Research Cell
- Resource Persons
- Research Facilitation
- Research Committees

IRB (Institutional Review Board)

RAC (Research Advisory Committee)

TRC (Technical Review Committee)

DRMCs (Departmental Research Management Committees)

- Research Promotion & Institutional Oversight
- Faculty Research Support

DIRECTOR QUALITY ENHANCEMENT DEPARTMENT (QEC)

- Quality Assurance Framework
- Institutional Surveys & Feedback
- Program Evaluation
- Outcome-Based Quality Monitoring
- Continuous Quality Improvement (CQI)
- Accreditation & Compliance

DIRECTOR HUMAN RESOURCES

- Recruitment
- Staff Development
- Performance Evaluation
- HR Policies & Compliance
- Employee Welfare

MEDICAL SUPERINTENDENT SHAHEENA JAMIL TEACHING HOSPITAL (SJTH)

- Clinical Departments
- Patient Care Services
- Nursing Services
- Allied Health Services
- Hospital Administration
- Infection Prevention & Control
- Biomedical Waste Management
- Fire & Disaster Management
- Hospital Committees
- Quality & Patient Safety

PUBLIC–PRIVATE PARTNERSHIP (MOU SIGNED)

MEDICAL SUPERINTENDENT KATH HOSPITAL (KATH)

- Clinical Departments
- Patient Care Services
- Nursing Services
- Allied Health Services
- Hospital Administration
- Infection Prevention & Control
- Biomedical Waste Management
- Fire & Disaster Management
- Hospital Committees
- Quality & Patient Safety

KEY PRINCIPLES

- Academic Excellence
- Quality Education
- Patient Safety
- Ethical Practice
- Research & Innovation
- Community Service
- Accountability & Transparency

COLLEGE SUPPORT SERVICES (ACADEMIC & ADMINISTRATIVE)

- CENTRAL LIBRARY
- SKILL LAB & SIMULATION CENTRE
- EXAMINATION CELL
- IT & DIGITAL LEARNING CENTRE
- MEDIA & PUBLIC RELATIONS
- TRANSPORT (College)
- HOSTEL (College)
- ALUMNI OFFICE
- CAREER GUIDANCE & PLACEMENT CELL

PMDC COMPLIANCE ASSURANCE

This organogram ensures clear lines of authority, academic independence, transparent governance and functional relationships in alignment with PMDC Standards for Medical Colleges / Teaching Hospitals.

LEGEND

——— Line of Authority

- - - - - Functional Relationship

NOTE

All Statutory / Mandatory Committees are constituted as per PMDC requirements and report functionally to the Principal / Academic Council.

Frontier Medical & Dental College, Abbottabad
CODE OF CONDUCT FOR FACULTY AND STAFF

All institutional personnel regulations and policies are applicable to every member of the workforce. The fundamental intent of this Code of Conduct is to establish a unified community, safeguard academic autonomy, uphold the highest pedagogical standards, and cultivate a nurturing professional environment for all. This document reinforces the principle of mutual respect among academic peers, across all specialized disciplines, and for the College as a whole. Your colleagues include all members of the faculty and support staff. While no specific set of regulations or professional standards can definitively guarantee personal integrity, this written code serves as a comprehensive reminder of the diverse obligations and ethical responsibilities assumed by all members of the College community.

OBLIGATIONS AND RESPONSIBILITIES TO ACADEMIC COLLEAGUES

To endeavour to collaborate within an environment characterized by mutual respect and equity, acknowledging the inherent diversity of our institutional community. To exhibit professional courtesy and respect for the specialized opinions and personal aspirations of others during all forms of interaction and communication.To maintain objectivity and an unbiased perspective during the professional evaluation and judgment of one's peers.

To accept personal responsibility for individual behavior, remaining fully accountable for all actions, and conducting oneself with integrity and restraint. To represent oneself with complete honesty in all professional interactions, intellectual pursuits, communications, and formal correspondence. To remain perpetually cognizant of the power imbalances that may exist within professional interactions and to be particularly considerate toward those in junior positions. Faculty and staff shall conscientiously uphold the most rigorous standards of professional conduct and act in a manner that contributes to the institutional mission.

NON-DISCRIMINATION

Faculty members shall not decline to participate in the care of any individual based upon race, religious affiliation, ethnicity, socioeconomic status, gender, age, or orientation. Clinical faculty are expected to treat all patients, staff, students, and medical specialists with profound respect and consideration, regardless of demographic factors or sexual orientation.

CONFIDENTIALITY

A patient's right to the absolute privacy of their medical information is considered a fundamental human right. Discussions regarding a patient and the management of their medical records must never compromise their trust or privacy.





Clinical faculty must remain strictly aware of all hospital policies regarding the secure handling of medical records.

PROFESSIONAL DEMEANOR

Clinical faculty must remain thoughtful and professional when engaging with patients, families, and colleagues. Inappropriate behavior includes, but is not limited to, the use of offensive language, gestures, or remarks containing sexual overtones. Dress must be in accordance with hospital policy when interacting with inpatients, outpatients, and students within any clinical setting.

INTEGRITY

Clinical faculty are expected to exhibit honesty and integrity in all facets of their teaching and professional interactions. They shall not engage in cheating, plagiarism, or assist others in such acts. They must ensure the accuracy of medical records and make good-faith efforts to provide the best possible patient care. Consultation must be sought whenever a case exceeds their level of knowledge or experience. Faculty must be willing to admit errors and never promote themselves at the expense of a colleague or patient. They are encouraged to report breaches of these guidelines through appropriate channels and must understand the protocols for such reports.

CONFLICT OF INTEREST

In instances where a conflict of interest arises, the welfare of the patient must remain the paramount concern. Clinical faculty may challenge or refuse to comply with directives if implementation would be contrary to their ethical principles or exceed their professional experience, provided such action does not compromise patient safety.

SEXUAL MISCONDUCT & HARASSMENT

Clinical faculty shall not engage in romantic, sexual, or non-professional relationships with students, patients, or family members of patients while involved in their care. They are not expected to tolerate inappropriate sexual behavior from colleagues or students. Faculty are encouraged to report inappropriate sexual behavior to the authorities. Harassment includes sexual advances, requests for favors, and other verbal or physical conduct of a sexual nature. Such behavior is strictly prohibited within the institution.

IMPAIRMENT

The faculty and staff shall not utilize alcohol or illicit drugs, particularly on the college campus. It is the professional responsibility of every member to protect the public from an impaired colleague and to assist such individuals in receiving the appropriate intervention and support.

CRITICISM OF COLLEAGUES

It is considered unethical and professionally harmful for a faculty member to disparage the competence, knowledge, or qualifications of a colleague without demonstrable evidence. It is equally unethical to imply, through word or gesture, that a patient has been poorly managed by a colleague without clear proof. Relations among the medical community should be marked by civility and scholarly contributions should be acknowledged.



EVALUATION

Faculty should actively participate in the evaluation process of themselves, their peers, and the curriculum. They are expected to respond to constructive criticism from students and peers. When evaluating performance, they are encouraged to provide prompt and constructive comments. Evaluations must not include offensive language or personal attacks, maintaining the professional tone expected of faculty.

POLICY ON SUBSTANCE ABUSE

Faculty and staff are strictly prohibited from using illegal drugs or alcohol and must abide by the laws of Pakistan. They are responsible for recognizing and addressing personal issues concerning substance abuse. Behavior in public reflects on the medical profession and the College/Shaheena Jameel Teaching Hospital. Faculty are encouraged to take this into account at all times, both inside and outside of the hospital premises.

POLICY ON ILLEGAL DRUGS

The unlawful possession, use, or distribution of controlled substances or alcohol by any faculty or staff member is strictly forbidden. Any violation of this policy will result in immediate disciplinary action as per institutional regulations.

TEACHING AND LEARNING a) Behaviour:

Faculty and staff shall not engage in behaviour that interferes with the learning environment. This includes conduct which disrupts or distracts students or other faculty. They should be particularly mindful to avoid behaviours identified as disruptive by the college. b) Disclosure: Full disclosure is an ethical requirement. Patients must be well-informed to make healthcare decisions. Every effort should be made to ensure information is presented in terms the patient can understand. If the patient is unable to comprehend, disclosure must be made to authorized representatives.

INFORMED CONSENT

c) Informed Consent: It is the physician's responsibility to ensure that the patient or surrogate is appropriately informed as to the nature of the condition, proposed treatments, and risks involved. Presentations should be understandable and unbiased.



CONDUCT OUTSIDE OF COLLEGE/HOSPITAL

Faculty and staff recognize that their behaviour reflects on the institution. When representing FM&DC and SJTH, they are expected to conduct themselves according to this code.

ANTI-DISCRIMINATION AND ANTI-HARASSMENT

Unlawful discrimination or harassment based upon race, colour, religion, sex, origin, age, disability, or status is prohibited. This applies to all FM&DC and SJTH students and staff. Procedures for investigating claims of misconduct will follow the institutional harassment policy.

CONSENSUAL RELATIONS

The College is committed to learning environments free from conflicts of interest and exploitation. Amorous or sexual relationships between individuals of unequal power (e.g., supervisor/employee or faculty/student) are prohibited as they create potential for abuse of trust, favouritism, and conflicts of interest.



FACULTY ABSENCES FROM INSTRUCTIONAL

RESPONSIBILITIES Absences and repeated tardiness must be handled professionally with prior notification. Faculty presence is vital for curriculum delivery. The difference between "anticipated" and "unanticipated" absence is the ability to foresee the event. In an unanticipated emergent absence, faculty must text, email, or call the department head as soon as possible.

Requests for anticipated absences must be submitted in writing to the department head and Dean at least one week in advance. The email should specify dates, reasons, and a potential faculty substitute.Faculty may not cancel classes. In extraordinary circumstances, the Department Head must be notified and arrangements made to make up for lost time. Failure to comply with leave policies or repeated undocumented absences may result in warnings or termination of employment.

OFFICE HOURS

Interaction outside the classroom is vital for monitoring and student growth. Faculty must be available for class performance discussions, advising, and career counselling. Availability and contact methods must be shared with students early in the course.

PROCESS FOR RESOLVING ALLEGATIONS OF MISCONDUCT

Allegations of harassment must be reported to the Disciplinary or Harassment committees. Supervisors have a duty to report violations to the Dean. Unresolved employment disputes may be addressed through informal resolution or formal grievance with Human Resources within seven days. Faculty retain the right to report concerns directly to the Executive Director.



DIVERSITY AND INCLUSION

FM&DC promotes diversity beyond demographic factors to include experiences and perspectives. We value inclusion as a driver for excellence in academic medicine.

DRESS CODE

Faculty and staff who have contact with students, patients, and the public are expected to dress in a professional manner. The dress code is enforced by Department Chairs and supervisors.





Institutional Policies

SOCIAL MEDIA POLICY

The administration of FM&DC recognizes that social media websites and applications, including but not limited to Facebook, Instagram, Snapchat, Tumblr, Twitter, Pinterest, LinkedIn, and YouTube are an important and timely means of communication. However, faculty, staff, employees, residents, fellows, volunteers, and students should be aware that posting certain information may be illegal or unprofessional. Violation of existing statutes and administrative regulations may expose the offender to criminal and civil liability, and the punishment for violations may include fines and imprisonment. Offenders also may be subject to adverse employment actions, disciplinary sanctions, and/or academic actions that may include, but not be limited to, a verbal or written reprimand, probation, suspension, or dismissal from employment, school, and/or resident training. All members of FM&DC and SJTH community must be aware of the following:

- In your professional role as a care giver, you may not disclose the personal health information of other individuals. Removal of an individual's name does not necessarily constitute proper de-identification of protected health information. Inclusion of data such as age, gender, race, diagnosis, date of evaluation, or type of treatment or the use of a highly specific medical photograph (such as a before/after photograph of a patient having surgery or a photograph of a patient from a medical outreach trip) may still allow the reader to recognize the identity of a specific individual, and therefore is prohibited.



- You may not disclose private (protected) academic information of another student or trainee. Such information might include, but is not limited to: course or clerkship grades, narrative evaluations, examination scores, or adverse academic actions.

- For students, sharing PBL information within a class is acceptable, but sharing material between classes or outside college is not as it would defeat the purpose of problem-based learning if the learning objectives, study materials, etc. were available to students encountering cases for the first time. Therefore, the use of Facebook or other social media sites by students for any PBL materials is strictly prohibited. All postings for PBL are limited to established practices and tools set by PBL coordinators and the Department of Medical Education (DME).
- In posting information on social media sites, you may not present yourself as an official representative or spokesperson for this College, unless authorized to do so by the Dean, Executive Director or CEO of the College, respectively.
- You may not represent yourself as another person, real or fictitious, or otherwise attempt to obscure your identity as a means to circumvent the provisions of this policy.
- You must respect limited personal use permissions, when applicable, and may not utilize websites and/or applications in a manner that interferes with your official work and/or academic commitments. That is, do not consume university, hospital, or clinic technology resources with personal use when others need access for patient or business-related matters. Moreover, do not delay completion of assigned clinical responsibilities in order to engage in social media activities.

In addition to the absolute prohibitions listed above, the actions listed below are strongly discouraged. Violations of these suggested guidelines may be considered unprofessional behavior and may be the basis for employment and/or academic disciplinary action. Engaging in the following activities (or similar conduct) by faculty, staff, employees, residents, fellows, students, and volunteers in the College may result in employment and/or academic disciplinary action:

- Display of language or photographs that imply disrespect for any individual or group because of age, race, gender, ethnicity, sexual orientation, or other legally protected status.
- Presentation of personal photographs or photographs of others that may reasonably be interpreted as condoning irresponsible use of alcohol, substance abuse, or sexual promiscuity.
- Posting of potentially inflammatory or unflattering material on another individual's website or 'tagging' another individual in an inflammatory or unflattering demeanor using a blog, social media, or other web service.
- Fraternization between faculty staff, employees, residents, fellows, students, and volunteers in an inappropriate manner of a personal nature, in violation of the FM&DC policy on Consensual Relations.

Finally, although once-posted information can be removed from the original social media site, exported information cannot be recovered. Any digital exposure can 'live on' beyond its removal from the original website or social media service and continue to circulate in other venues. Therefore, think carefully before you post any information which may negatively impact your standing with the College or future employers. Always be respectful, and professional in your actions.



STUDENT MIS-TREATMENT POLICY



I. GOALS OF POLICY

1. To define standards of conduct among all members of the FM&DC community generally, and specifically within the teacher/learner relationship.
2. To specify a procedure for reporting potential student mistreatment or abuse.
3. To create an administrative mechanism for handling alleged incidents of mistreatment or abuse.
4. To develop a monitoring system to identify individuals or departments whose abusive behavior persists despite intervention.
5. This policy shall supplement existing University policies or regulations which otherwise might apply to situations addressed herein.

II. PREAMBLE

FM&DC is committed to providing and maintaining a positive environment for study and training, in which individuals are judged solely on relevant factors such as ability and performance, and can pursue their educational and professional activities in an atmosphere that is humane, respectful, and safe.

Our students are exceptionally talented individuals, dedicated to becoming outstanding physicians, who have selected this medical school for their training. Effective learning is possible only in an environment where students can trust their teachers to treat them fairly and with respect. The teacher may be a faculty member, resident, student, or other member of the healthcare team.

One important aspect of the teacher–learner relationship is that students are often in a vulnerable position because they depend on their teachers for evaluations, guidance, and recommendations. Furthermore, medical education is not limited to learning patho physiology; it also involves developing professional attitudes and behaviour. Students mainly learn professional conduct by observing the actions and attitudes of their teachers and role models. Any unprofessional, disrespectful, or abusive behaviour by teachers is contrary to the standards of professionalism expected from medical students.

III. RESPONSIBILITIES OF TEACHERS AND LEARNERS

Medical educators have a responsibility not only to teach the knowledge and skills needed for modern medical practice, but also to instill the values and attitudes necessary to preserve the integrity and trust of the medical profession for future generations.

INTEGRITY

Learning environments that promote professional values must be built upon honesty and integrity. Students learn important and lasting lessons about professionalism by observing and following role models who demonstrate genuine professional values and ethical attitudes.





RESPECT

Respect for every individual is a fundamental principle of medical ethics. Mutual respect between learners, who are new members of the medical profession, and their teachers, who are experienced professionals, is essential for maintaining this principle.

COMMITMENTS OF FACULTY

- We are fully committed to ensuring that all parts of the educational program for students and residents are of the highest quality.
- As mentors to students and residents, we maintain high professional standards in all interactions with patients, colleagues, students, and staff.
- We respect all students and residents equally, regardless of gender, race, nationality, religion, or sexual orientation. We do not tolerate disrespectful behavior or biased attitudes toward any student or resident.
- We are committed to ensuring that students and residents have enough time for personal and family responsibilities, recreation, and adequate rest.
- We do not tolerate any form of abuse or exploitation of students or residents.
- We encourage any student or resident who experiences mistreatment or witnesses unprofessional behavior to report it immediately.

COMMITMENTS OF STUDENTS AND RESIDENTS

- We are fully committed to gaining the knowledge, skills, attitudes, and professional behaviors required to achieve all educational goals established by the faculty.
- We value and uphold the principles of honesty, compassion, integrity, and reliability.
- We pledge to respect all faculty members, students, and residents equally, regardless of gender, race, nationality, religion, or sexual orientation.
- As future physicians, we commit ourselves to maintaining the highest standards of the medical profession.

IV. UNPROFESSIONAL AND ABUSIVE BEHAVIORS

Mistreatment of students can occur in many forms and may seriously affect learning and personal well-being. Examples include, but are not limited to:

- Yelling or shouting at a student in public or private settings.
- Criticizing or behaving toward a student in a way that is humiliating, insulting, or degrading.
- Assigning tasks as punishment rather than for educational purposes.
- Unfairly preventing students from participating in learning opportunities.
- Threatening students with failure, lower grades, or poor evaluations for inappropriate or unfair reasons.
- Asking students to perform personal errands or chores unrelated to education.
- Making repeated unwanted sexual comments, jokes, hints, or insulting remarks.
- Making stereotypical remarks or ethnic jokes.
- Intentional physical aggression such as pushing, shoving, slapping, hitting, or throwing objects.



V. WHAT TO DO IF YOU BELIEVE THAT YOU HAVE BEEN ABUSED OR MISTREATED

There are three ways to address the matter: informal resolution, consultation, and formal complaint.

INFORMAL RESOLUTION - You may choose to address the issue directly by speaking with the person you believe has mistreated you and communicating your concerns.

CONSULTATION - Arrange a meeting with your course/clerkship director or head of department to explain the situation.

FORMAL COMPLAINT - You may submit a formal written complaint to the Director/in charge of Student Affairs and Admissions, with copies provided to the College Dean and Executive Director.

VI. PROCEDURE FOR HANDLING COMPLAINTS OF STUDENT ABUSE

The Director/in charge of Student Affairs and Admissions will be responsible for reviewing complaints. If the initial review indicates that the complaint requires further investigation, he/she will establish an ad hoc committee to conduct a hearing. The person against whom the complaint has been made will receive written notification. All materials and discussions will remain confidential within the committee.

VII. APPEALS PROCESS

If either the student or the individual against whom the complaint has been made wishes to appeal the decision, a written appeal must be submitted to the Dean of the College of Medicine within 5 days of receiving notice of the decision. The Dean or designated representative will conduct a review and inform both parties in writing of the final decision.



XI. INFORMATION ABOUT ADMISSION

The following Admission Policy is formulated in compliance with the provisions of Section 17(3) of Pakistan Medical & Dental Council Act 2022 and PM&DC – Medical & Dental Undergraduate Education (Admission, Curriculum and Conduct) Regulations 2025 dated 05-11-2025 for admission of students to Frontier Medical & Dental College, Abbottabad for MBBS & BDS course.

A. Eligibility criteria

I. Pakistani Student Any person seeking admission to FMDC, Abbottabad shall be eligible having fulfilled the following mandatory criteria.

II. Passed valid MDCAT examination conducted by the Provincial Testing Authority under PM&DC Admission Regulation with a minimum score of 55% marks for MBBS and 50% for BDS.

III. Obtained a Higher Secondary School Certificate qualification ("HSSC") or an equivalent 12th grade qualification recognized in Pakistan and having obtained sixty percent (60%) marks therein, or a higher/lower percentage as may be notified by the PM&DC and

IV. Passed the subjects of biology and chemistry and either physics or mathematics in the examination of the Higher Secondary School Certificate or an equivalent 12th grade qualification recognized in Pakistan.

2. Foreign/Overseas quota seats:

1. Mandatory requirement of MDCAT shall not be applied to foreign, overseas Pakistani. Foreign students, overseas/ dual nationality holder shall qualify SAT II with minimum 550 score in each subject OR foreign MCAT OR UCAT exam with 50% marks in the subjects prescribed under III above.

2. Candidates holding permanent foreign nationality or dual nationality or overseas Pakistan who studies and passed HSCC 12 grade examination or equivalent from outside Pakistan and stayed in the foreign country for whole duration of the above- mentioned course on a permanent residence permit shall be eligible.

Note: IBCC Equivalent Certificate must be presented by both Pakistani and Foreign candidates in case of any qualifications passed from a foreign examination body.

B. Merit Weightage

Matric/SSC or equivalent	10%
HSSC pre-medical or equivalent	40%
MDCAT /SAT II/Foreign MCAT/UCAT	50 %

C. Merit List

1. The admission to MBBS / BDS shall be made strictly based on
2. In case final merit of more than one candidate is equal up to four decimals, the candidate older in age shall stand higher in merit
3. After the display of final list, if there is any vacant seat, next student on merit in the waiting list will be offered admission against such vacant seat.

D. Admission process

1. The applications through online portal of the college shall be accepted for the scrutiny and merit formulation as per PM&DC Medical and Dental Undergraduate Education (Admissions, Curriculum and Conduct) Regulations 2025.



2. It will be the responsibility of the candidate to provide passed MDCAT/SAT II/MCAT/UCAT and HSSC or equivalent examination results prior to the last date of admissions as specified on the College website.

3. The applicants shall be bound to provide the following documents through the college website by uploading the documents:

1. SSC Marks sheet / IBCC certificate
2. HSSC Marks sheet / IBCC (once available)
3. MDCAT/ SAT II/MCAT/UCAT result (once available)
4. Domicile certificate
5. CNIC / Form 'B' of Applicant and Father
6. Passport size photograph
7. Passport copy (Foreign applicants)
8. Permanent residence permit (for foreign applicants)

4.A student when accepting admission shall be under an obligation to disclose to the college if a prior admission has been accepted by them to any other college, and such student shall prior to accepting such later admission must in writing inform the prior college of cancellation of their acceptance with a copy to the designated email of the Authority. Failure by a student to cancel the prior acceptance of admission shall render all admission offers of the student as void and the student shall be ineligible for admission.

5. It is the responsibility of all applicants to visit the website https://fmc.edu.pk/ for updated information.

6. Communication to the applicants will be strictly through E-mail address provided by the applicant. Candidates must therefore provide their valid e-mail id.

7. A student may apply for admission after having taken the MDCAT or HSSC or equivalent 12^{th} grade qualification exam subject to therequisite results being available & provided by the student to the college prior to deadline failing which the application will not be considered for current year admission

8. Admission Offer will be treated as provisional & conditional subject to deposit of fee within stipulated time (03 working days), verification of documents and medical

9. All selected applicants and their parents/guardian shall be bound to submit an affidavit/undertaking on a Rs.100/- stamp paper duly

4. notarized by a notary, stating the acceptance of College required disciplinary, legal, financial responsibilities and all other rules and regulations specified in the college prospectus.

E. General Provisions

1. PM&DC directives regarding admissions 2025–26 issued from time to time will be followed / adhered to.



b. The admission policy should be read in conjunction with college prospectus and other disciplinary rules and regulations.

1. A strict NO DONATION POLICY is No one except, Office of Admissions is authorized to give a written admission offer

2. Fee for more than one (1) year will not be demanded / accepted.

3. All fees will be deposited in the official designated bank

4. SCHOLARSHIPS: As per institution's past practices, scholarships will be offered as per policy to the deserving students on need basis subject to fulfillment of all codal formalities in terms of PM&DC Accreditation and Recognition Regulations

F. Payment of College Fee

1. The selected Pakistani applicants shall be bound to deposit fee within three working days failing which the admission offer shall automatically stand withdrawn and next candidate on merit will be issued admission offer.

2. The selected Foreign/overseas Pakistani applicants shall be bound to deposit fee within three working days in foreign exchange rate failing which the admission offer shall automatically stand withdrawn and next candidate on merit will be issued admission

3. The Pakistani student has the right to opt the payment of the fee on a quarterly, six monthly or annual basis to the college. A student paying the college on a six-monthly basis in advance shall be granted a two percent discount in the tuition fee and a student paying the college on an annual basis in advance shall be granted a four percent discount in the tuition fee provided the fee is paid within the stipulated period failing which the option will be considered null & void.

4. All government taxes, University charges, regulatory body charges will be charged to the student on actual basis subject to change by the concerned authority

Dean
Frontier Medical & Dental College
Abbottabad

ADMISSION SECTION

For any information which may be required in connection with admission, the applicants may contact:

Mr. Arif Zaman (Assistant Registrar)
Phones: +92-992-111-111-362, +92-992-406777 Ext-106
E-mail: info@fmc.edu.pk, Website: www.frontier.edu.pk



XII.

Collaboration with

XINJIANG MEDICAL UNIVERSITY, CHINA



Frontier Medical & Dental College has developed collaboration with a very important medical institution of China "Xinjiang Medical University".

Xinjiang Medical University is situated in Urumqi the capital of the Xinjiang Autonomous Region of China. This area of China borders Pakistan and is connected by a direct good metal road with Abbotabad. There is a direct air link from Islamabad to Urumqi and Kashghar the nearest border town of China to Pakistan.

Xinjiang Medical University is the largest institution of learning in this area. It is spread over an area of about 100 acres. The constructed area of the University is over 3 million (30 lakh) sq feet.

In 2010 University had 13100 students, 5405 teachers including 1163 professors and assistant professor and 4290 other staff. There are 4951 students doing post graduation, 61 of them doing Ph.D.

The University has its own 8 medical and allied colleges; The Medical College, the Public Health College, the Traditional Medicine College, Basic Medical Sciences College, the Pharmacy College, The Nurses Training College, Continuing Education College and the Vocational College.There are six teaching hospitals with 5010 beds. The Dept. of Traditional Medicine has five affiliated Traditional Chinese Medical Hospitals.There are also six regional level research institutes and twenty other research institutes at the district level. In addition all medical institutions in the region (area about 700,000 sq km almost equal to Pakistan) are affiliated to this University. In all Xinjiang Medical University has 40 clinical teaching bases throughout the region. During the last 50 years the University has trained over 30,000 doctors and health care personnel. In the last 50 years, the university has been in close step with advancing scientific developments throughout the world. It is in collaboration with many international universities like the Harvard, Cambridge and Heidelberg. The consistent focus of the university has been the close relationship between the teaching of medicine and practice of medicine. The highest goal of the university is to raise the health and reduce the suffering of patients, and to raise the teaching quality and the level of medical practice.

Facing the challenges of the 21 century, the medical university is continually involved in achieving high levels of education according to the health rules set out by the government. The university's major focus is the training of medical staff, but is also involved in developing research and cultivating various practical medical experts and developing national and international exchanges. The Xinjiang Medical University continues to bring its medical standards to the highest level to benefit the people of Xinjiang and improve the health of all human beings.

In collaboration, our two institutions, Frontier Medical College and Xinjiang Medical University exchange the medical teachers, medical students, cooperate in Research and the most important part is that Xinjiang Medical University will establish a "Chinese Traditional Medical Centre" at Frontier Medical & Dental College, which will not only train the Pakistani doctors in chines traditional Medicine it will also provide the latest Chinese Traditional & Herbal Medicine to the people of Pakistan. This will be the first centre of its kind in Pakistan.



XIII. UNIVERSITY OF CALGARY

Calgary, Alberta, CANADA

The University of Calgary was founded as the Calgary Normal School in 1906, it became a branch of the University of Alberta in 1945, then the autonomous University of Calgary in 1966. Since then it became a comprehensive research-based university with sixteen faculties. It has 2410 members of faculty, over twenty thousand students pursuing degrees including 1900 international students from 90 countries. The university has graduated over 120,000 during the last 40 years including the current Prime Minister of Canada.

The University of Calgary is a place of education and scholarly inquiry. Its mission is to seek truth and disseminate knowledge. The aim is to pursue this mission with integrity for the benefit of the people of Alberta, Canada and the world. Through interdisciplinary teaching, research and service and leadership on - and off-campus, it builds bridges between diverse disciplines, communities and cultures thereby transforming ideas into actions.

As a university it is dedicated to the practice of scholarship which includes both teaching and research. Through research the university makes a direct contribution to society and through teaching it prepares students to make their contribution. Students are bearers of knowledge for future generations and partners in discovery with their teachers.

The University of Calgary's high-quality undergraduate education is characterized by the synthesis of research, teaching and learning. It enhances students experience by enabling them to take an inquiry-based approach. This leads to greater critical thinking skills, increased exposure to research methods, greater access to leading edge scholars, and it creates a more engaging, motivating learning environment for students.

The Faculty of Medicine

The faculty of Medicine at the University of Calgary was established in 1967. It has an innovative, patient-based, cross-disciplinary, research-intensive program that has earned a national and international reputation for excellence. Through its educational programs it is training the physicians and scientists who will lead the next generation of health practitioners. Through clinical work, continuing medical education programs and close relationship with the Calgary health department it moves new treatments and diagnostic techniques from the laboratory bench to the hospital bedside efficiently and effectively, improving patient care. Finally, breakthroughs in medical research and treatment made here are used around the world. Brain tumour research, fundamental discoveries in cancer and juvenile diabetes treatment, leading edge research and treatments for joint injury and arthritis - these scientific achievements are of benefit not just to Canada, but to the world over.

The Faculty of Medicine has long played a role in international health programs and has successfully developed over 20 international collaborations including that with Frontier Medical College, Abbottabad, Pakistan.

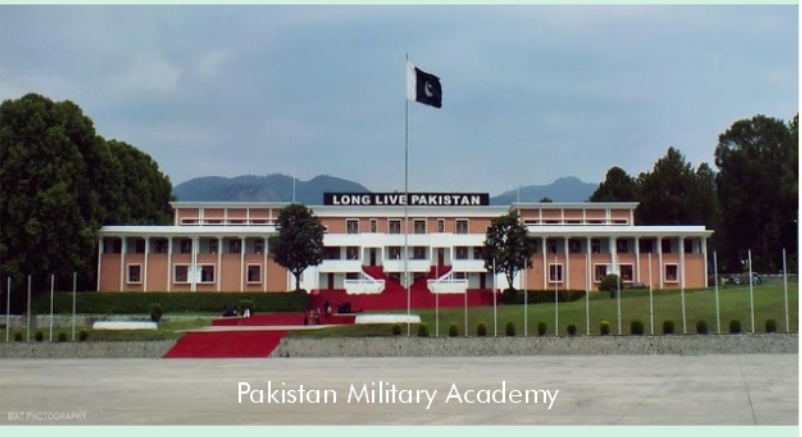


XIV. ABBOTTABAD CITY

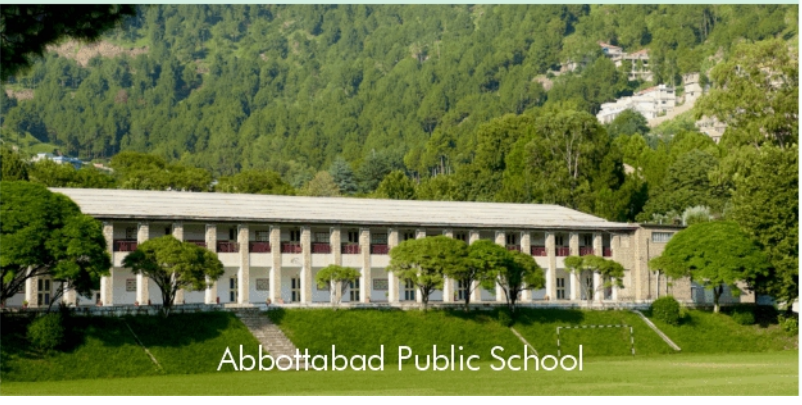
Abbottabad is a health resort, established about 150 years ago. It is famous for its scenic beauty and pleasant climate and educational institutions. It is situated in Northern hilly part of Pakistan about 120 km away from Islamabad.

Abbottabad is situated 4500 ft above sea level. This height and lush green hills around make the climate very healthy and enjoyable. Air conditioning is not needed. Therefore students persue their education in natural climate. This is also the reason that abbottabad is called education city with over 200 educational institutions.

It is also famous for some of its military installations like the Pakistan Military Academy (PMA) Kakul, which trains officers for the Pakistan Army, and the training centers of important army units, the Frontier Force Regiment and the Baloch Regiment. In addition the Army School of Mountain Warfare, the Army School of Music and, more important, the Army Medical Corp Centre are all in Abbottabad. Hence it is a peaceful, safe and secure city with law-abiding and helpful citizens.



Pakistan Military Academy


Abbottabad Public School

Abbottabad is well known and recognized as an educational town. It has a population of about 1,20,000 and has over 200 schools and colleges. The students in these schools and colleges are from all over Pakistan and from abroad. A public sector medical college, Ayub Medical College, with its 1000-bed teaching hospital complex is an important landmark of Abbottabad and a blessing to the people all around.



This is in reality a gift to the people of Hazara due to the efforts of Prof. Dr. A. J. Khan (late) the founding Principal of that college, who was the founder of Frontier Medical & Dental College Abbottabad. The peaceful healthy environments are ideal for the study of the difficult subject of Medicine.

Abbottabad is surrounded on all sides by beautiful green hills. This provides a great opportunity to the residents for hiking and mountaineering. For those interested in skiing, facilities are available about 30 km away at Kalabagh Cantt during the winter months of January & February.



President IAMRA & PMDC at the college



Dr. AJ Khan (late) with President Musharaf



Governor KPK Faisal Karim Kundi at the college



Convocation procession



Chairperson Presenting Shield to Rector Behria University



Sports Festival



Qawali Night at College



Students with Chairperson



Medical Camp in Abbottabad



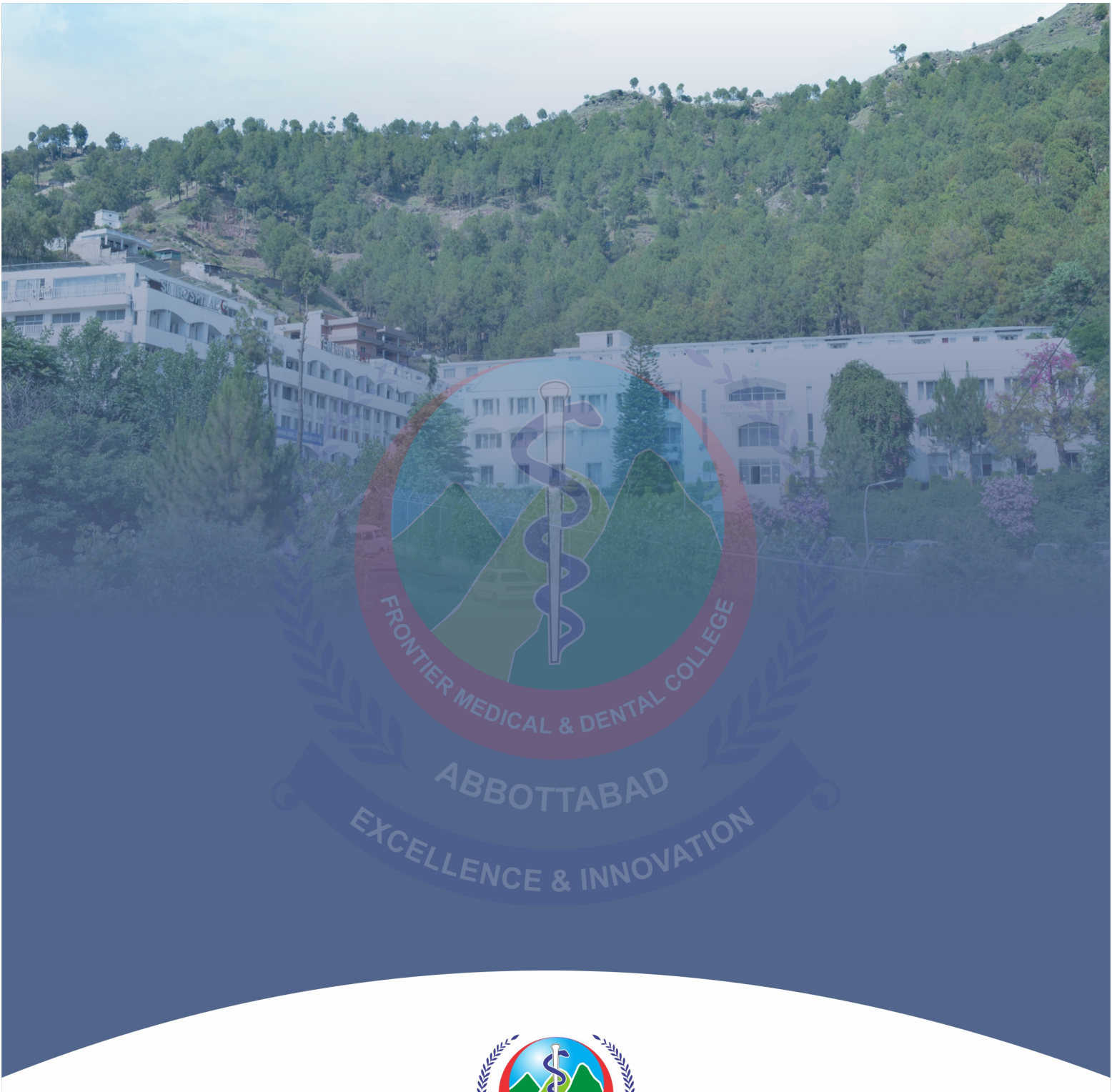
Sports Gala in College



Farewell Party in the college



Students Group Photo with College Faculty



Frontier Medical & Dental College, Abbottabad, Pakistan.
Email: info@fmc.edu.pk - Web: www.frontier.edu.pk
Address: Main Shahra-e-Resham, Abbottabad.
Phone: +92-992-406777 - 406600-01